

New Mexico School Behavioral Health Services Inventory

In the summer of 2020, the New Mexico Department of Health Office of School and Adolescent Health (OSAH) and Public Education Department asked school district superintendents in New Mexico to complete an inventory of the behavioral health services offered in the schools in their district. The purpose of the inventory was to understand the current services offered in New Mexico schools and identify what districts believe would be needed to address the behavioral health needs of all students enrolled in their district. The results in this report are based on 56 completed inventories, which represent two-thirds (63%) of New Mexico's 89 school districts and 88% of students enrolled in New Mexico public schools.

New Mexico School Behavioral Health Workforce

Figure 1: Composition of the Behavioral Health Workforce in New Mexico Schools.

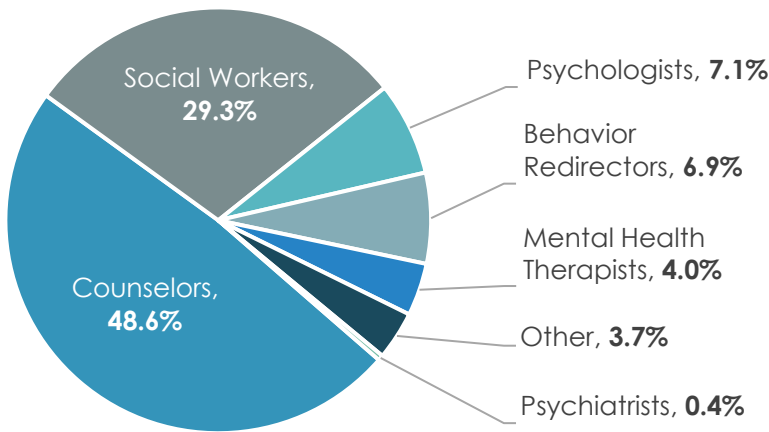
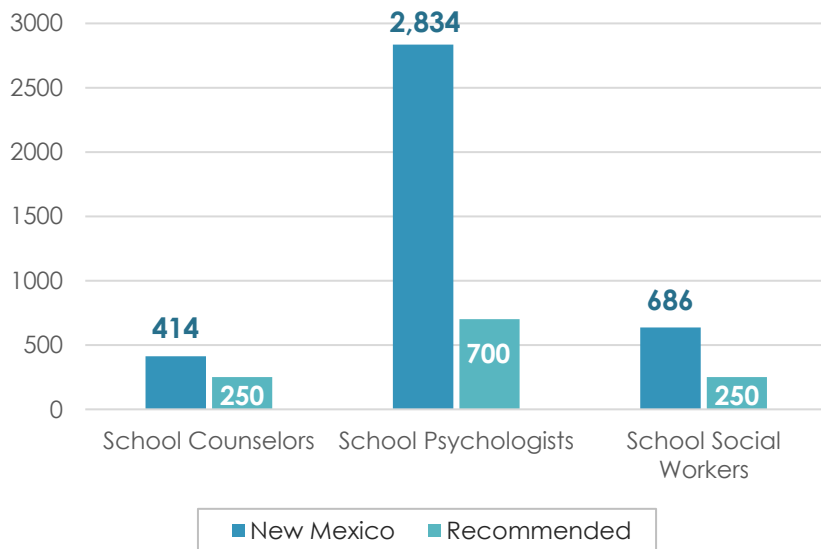


Figure 2: Ratios of Students to School Counselors, Psychologists, and Social Workers to Students in New Mexico Compared to Nationally Recommended Ratios.



District Coordination of Services

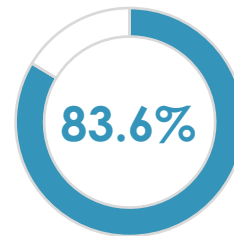


Figure 3: Someone Coordinates or Oversees Behavioral Health Services for the District.

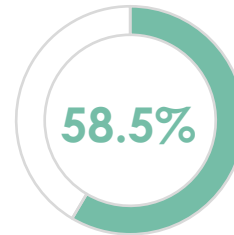


Figure 4: District Implements a Comprehensive Behavioral Health Framework.

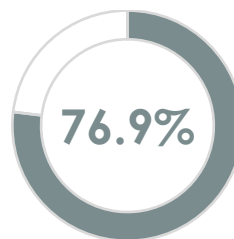


Figure 5: Staff at All or Some Schools are Trained in Multi-Level System of Support.

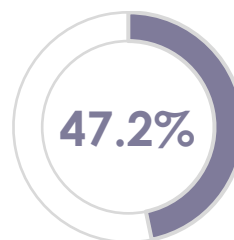
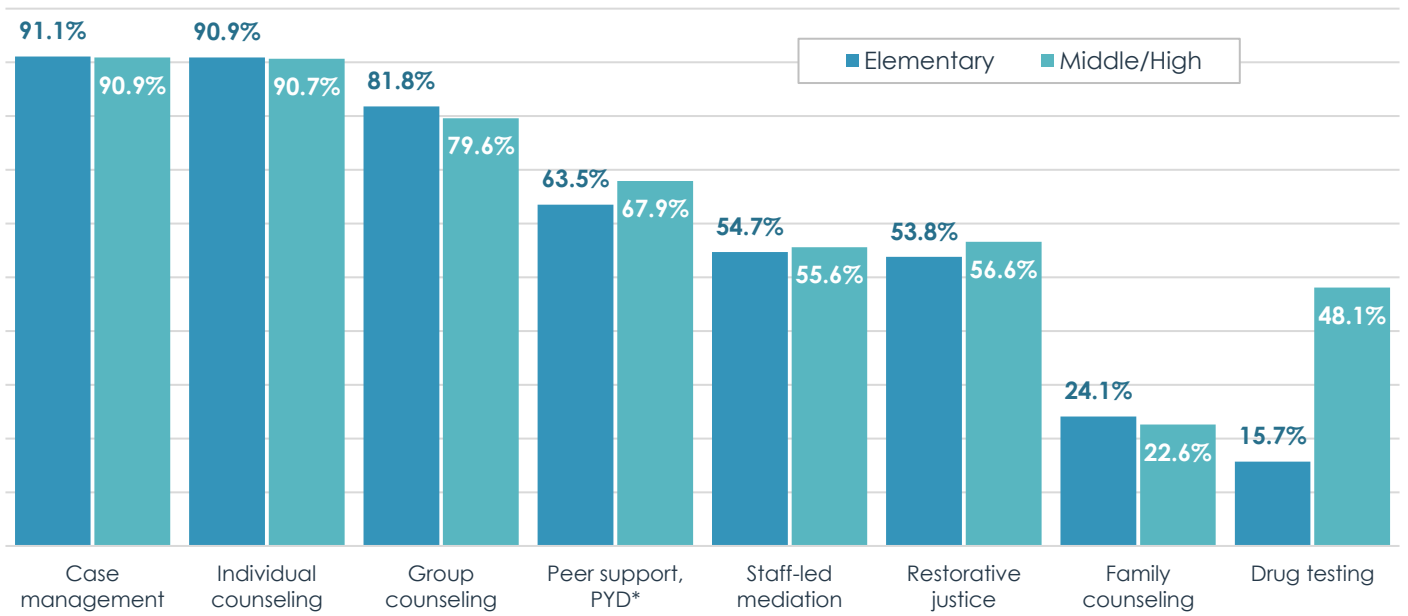


Figure 6: Percentage of School Districts that Have Private or Public Grants as a Source of Funding for Behavioral Health Services.

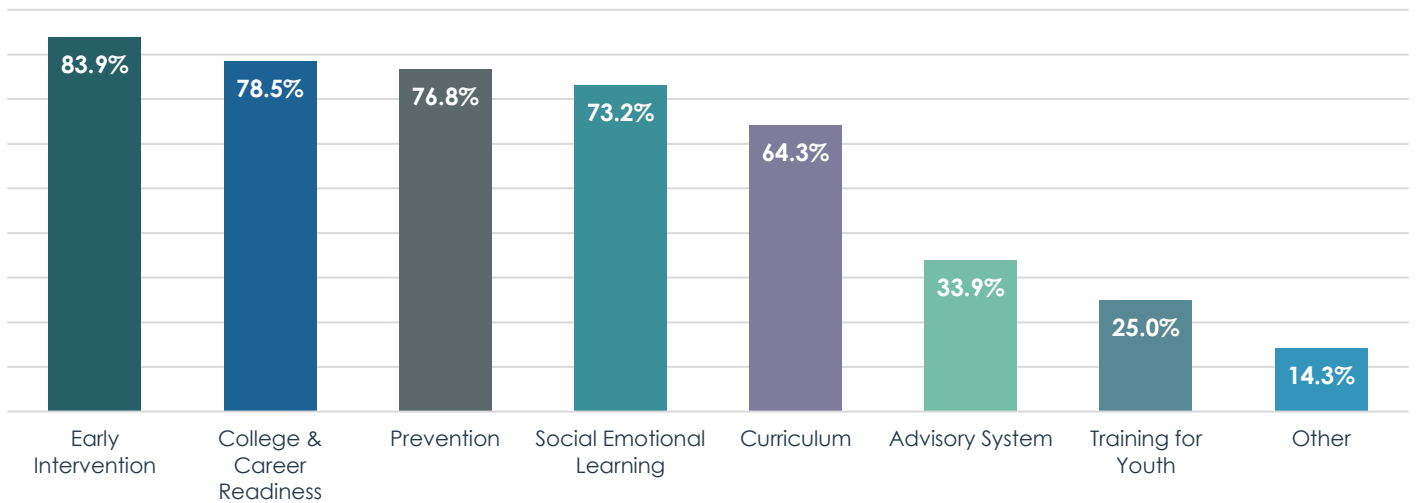
Behavioral Health Services Provided in New Mexico Schools

Figure 7: Behavioral Health Services Offered in Some or All Elementary and Middle/High Schools in the District.



*PYD=Positive Youth Development

Figure 8: Universal Behavioral Health Supports Implemented at Schools in the District.



51.8%

of districts have a behavioral health initiative or pilot project underway

Most Common Types of Initiatives or Pilot Projects Currently Underway:

- Youth Suicide Prevention
- Social Emotional Learning Curriculum
- Peer Support Program

Identifying Gaps and Meeting the Needs of New Mexico Students

Figure 9: Most Frequently Reported Barriers to Students and Families Accessing Behavioral Health Services by Public Health Region.

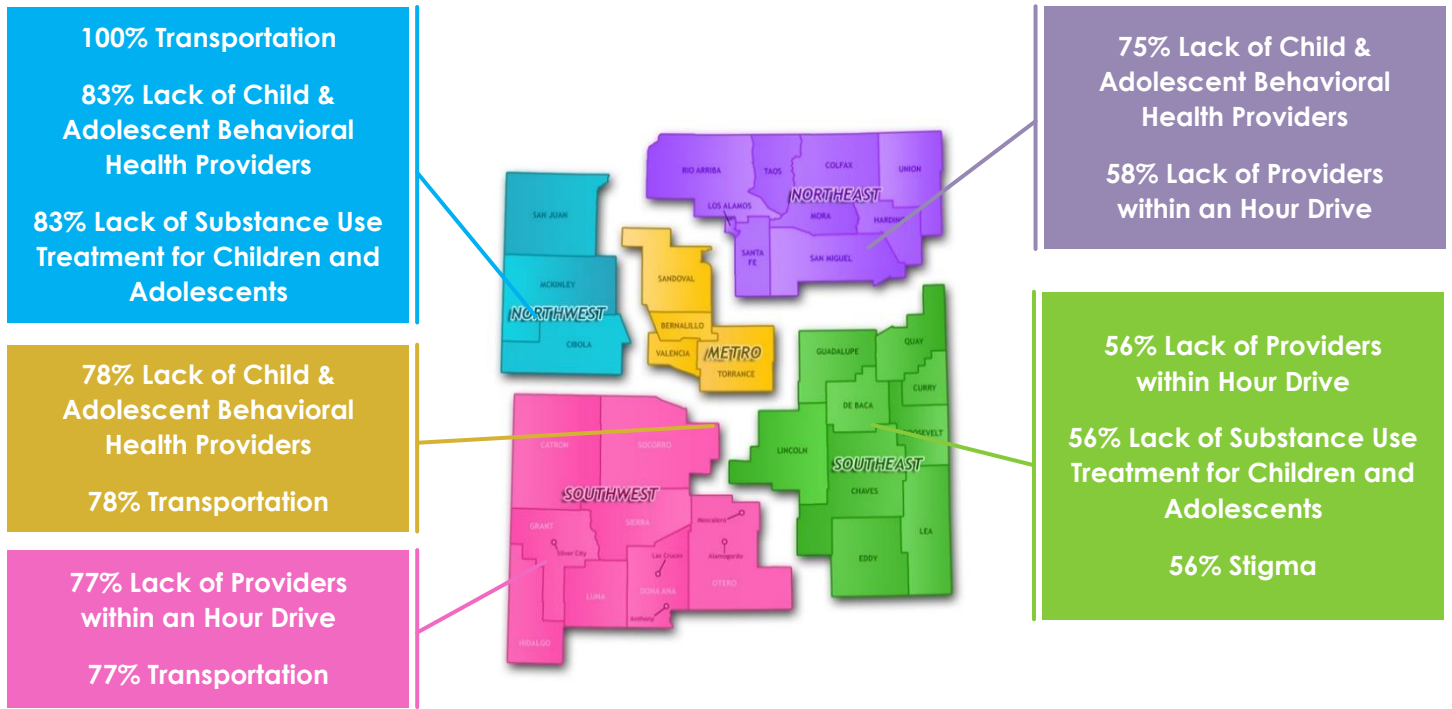
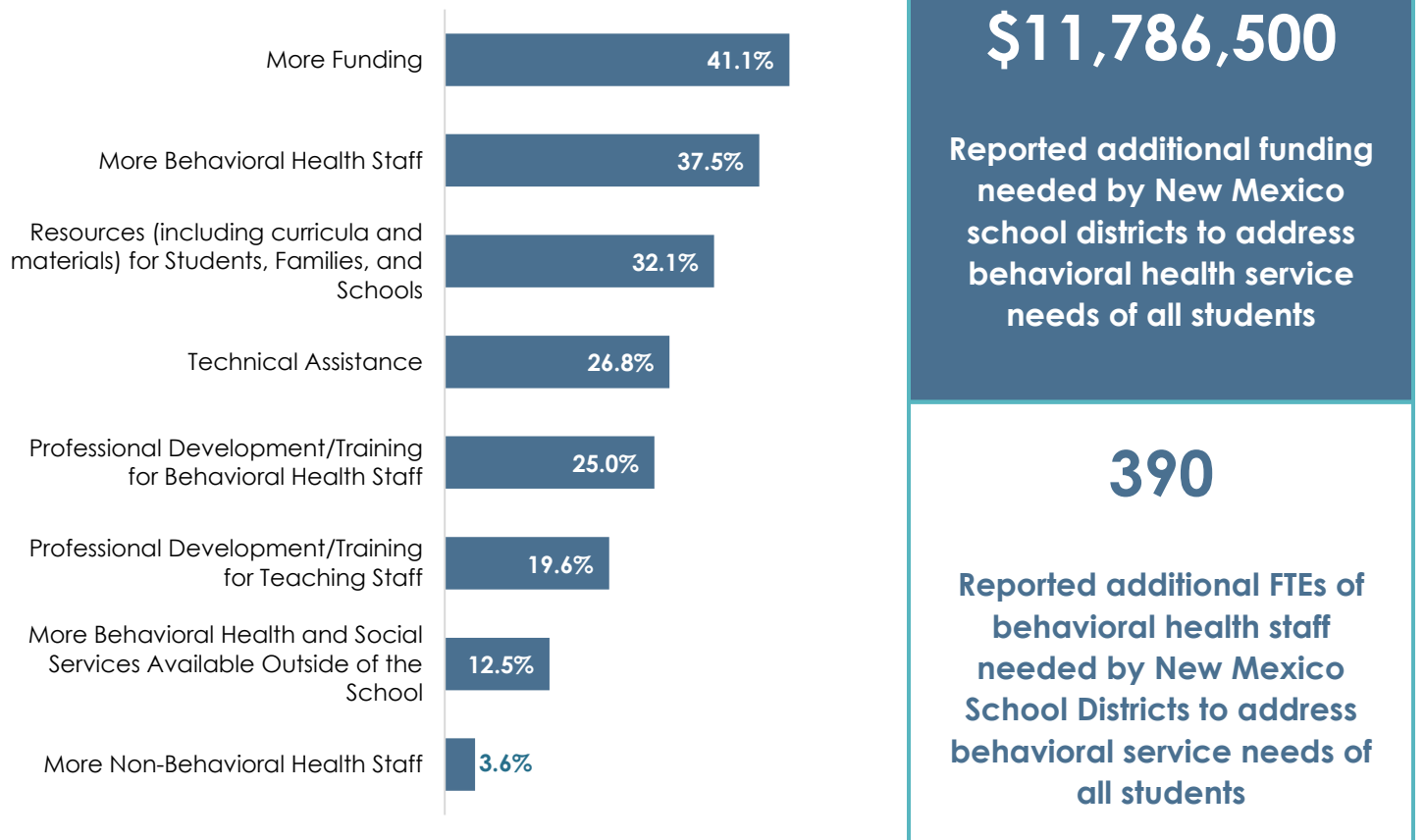


Figure 10: What Districts Report Needing to Address the Behavioral Health Needs of All Students.



Impact of COVID-19 Pandemic on School Behavioral Health Services

Figure 11: Perceived Impacts of COVID-19 on School-Based Behavioral Health Services.

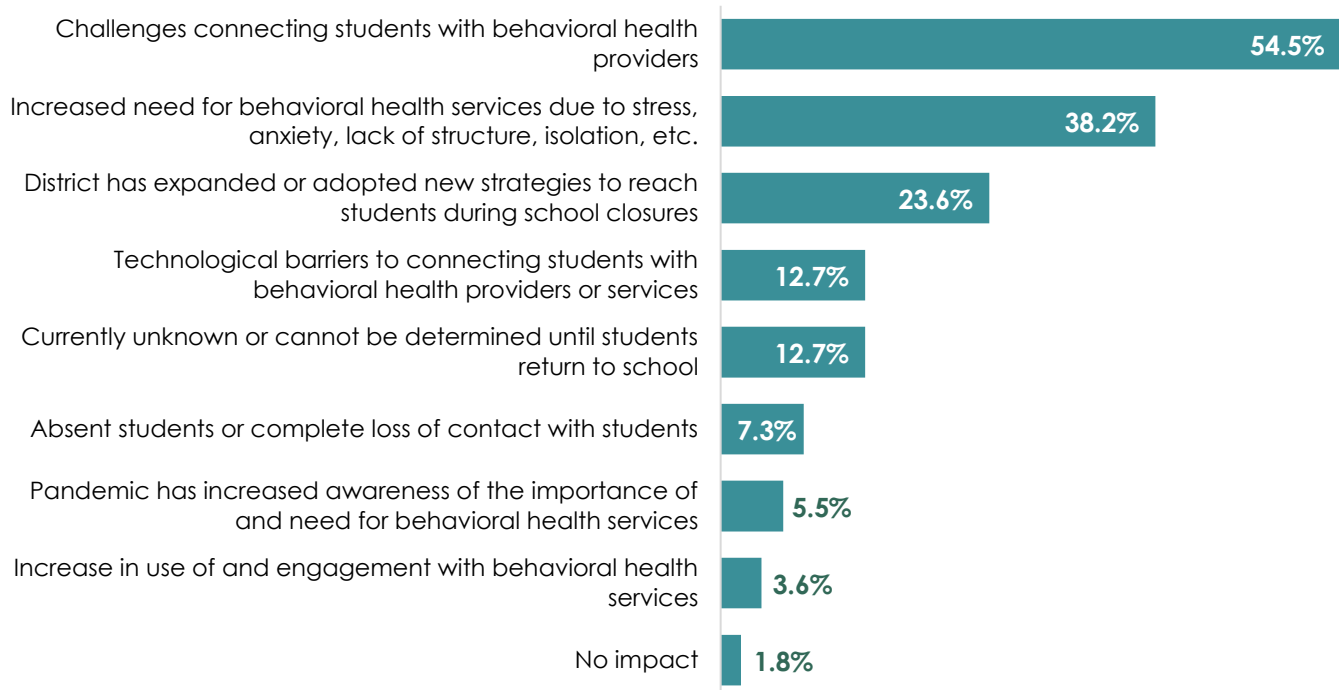
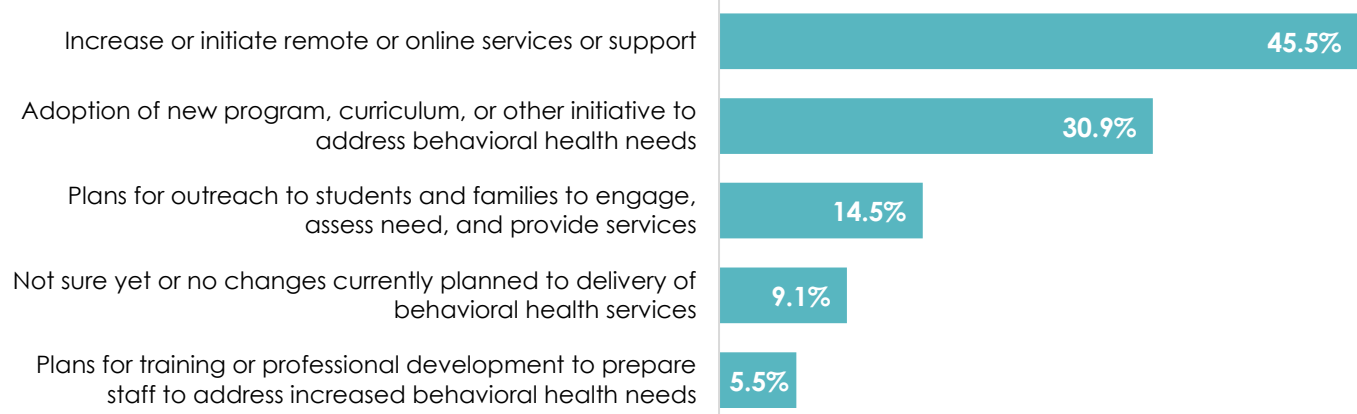


Figure 12: Plans to Change School-Based Behavioral Health Services in Response to COVID-19.



In July-August 2020, school districts in New Mexico completed an inventory of behavioral health services in their districts and schools. The purpose of the inventory was to understand the current services offered in New Mexico schools and identify what districts believe would be needed to address the behavioral health needs of all students enrolled in their district. The results in this report are based on 56 completed inventories, which represent two-thirds (63%) of New Mexico's 89 school districts and 88% of students enrolled in New Mexico public schools. The 2020 New Mexico School District Behavioral Health Services Inventory was developed and administered by the Pacific Institute for Research & Evaluation (PIRE), University of New Mexico School of Medicine Department of Pediatrics, New Mexico Department of Health Office of School & Adolescent Health (OSAH), and New Mexico Public Education Department (PED). For more information, contact Kim Zamarin, MPH at kzamarin@pire.org.

